



Healing Grief with IADC Therapy

VIRTUAL PRIVATE PRACTICE

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Grief Therapy – Information for Referrers

- Provided by telehealth via Zoom only
- Induced After Death Communication (IADC) Therapy is a specific **EMDR protocol** for the sadness associated with grief.
- Screening is provided at no cost, to determine suitability for the therapy.
- It is ultra-brief, generally conducted over two 90-minute sessions, usually on consecutive days. On some occasions, a third session may be required.
- Early evidence suggests this protocol may be superior to traditional grief counselling. A further waitlist-controlled trial is underway at the University of Adelaide.
- Clinical Psychology Medicare rebates are available for clients on a mental health care plan.
- Referrals can be sent by email: hello@healinggriefwithiadc.com or to tomnehmy@gmail.com